SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

DEMENTIA

DIAGNOSIS AND MANAGEMENT OF MEMORY AND THINKING DISORDERS



The Dementia ECHO empowers and supports health professionals to develop competency in identifying and caring for people affected by memory and thinking problems. A team of experts in dementia, geriatrics, palliative care, neurology, psychiatric pharmacology, nursing, social work and public health will offer online collaborative learning sessions every first and third Friday of the month from 12 to 1 p.m.

HOW THIS ECHO WORKS

Participants will join the expert team in case-based learning via videoconferencing. Together, they will discuss how participants will be able to:

- Develop confidence in knowing how and when to screen for memory and thinking problems.
- Diagnose conditions causing cognitive impairment.
- Implement a comprehensive framework for helping people with Alzheimer disease and related dementias.
- Optimize access to and dissemination of resources available to patients and their care partners.

WHAT DOES THIS ECHO OFFER?

- Free continuing education for professionals
- Collaboration, support and ongoing learning from specialists in caring for patients with dementia
- Patients get better care in their community
- No cost to participating sites or individuals



READY TO JOIN?Visit showmeecho.org

MEET THE EXPERT TEAM



Lenise Cummings-Vaughn, MD, CMD *Geriatrician, Dementia Specialist*Washington University School of Medicine, St. Louis



Tim Holden, MD *Primary Care, Palliative Care, Geriatrician*Washington University School of Medicine, St. Louis



Sara Hill, DNP, FNP-C
Nurse Practitioner
CoxHealth - Ferrell Duncan Neurology



Joel Shenker, MD, PhD Neurologist University of Missouri - Columbia



Steven Stoner, PharmD, BCPPPsychiatric Pharmacist
School of Pharmacy, University of Missouri Kansas City



Jennifer Phillips, MPA
Public Health Educator
Charles F. and Joanne Knight Alzheimer
Disease Research Center, Washington
University School of Medicine, St. Louis



Andrea Denny, LMSW, JD Social Worker Charles F. and Joanne Knight Alzheimer Disease Research Center, Washington University School of Medicine, St. Louis

TOPICS FOR LEARNING AND DISCUSSION

- Defining normal cognitive aging, subjective cognitive decline, mild cognitive impairment and dementia
- Dementia screening tools: How to apply in practice
- How to do a cognitive assessment
- Overview of differential diagnostic criteria
- Medically associated causes of reversible dementia
- Diagnostic criteria for Alzheimer disease
- Communicating diagnosis
- Prognosis and advance care planning
- How to support brain health
- Medications to treat dementia-causing diseases
- Behavioral and psychological symptoms of dementia
- Medications to treat symptoms
- Diagnostic Criteria: Distinguish Alzheimer disease from other common dementia such as frontotemporal dementia, Lewy body dementia and Vascular dementia
- Safety: Living alone and medication